



8-9 February 2025

PROGRAM SCHEDULE

Pre-Conference: Friday, 7th February 2025

TIMINGS	TOPIC	SPEAKER
08:00AM - 09:00AM	Registration and Breakfast	
09:00AM - 12:30PM	LIVE SURGERY	
	Coordinators: Pallavi Singh, Aditi Mehta Grewal, Prerana Tahiliani	
	Levator Resection/Reattachment surgery	Milind Naik
	Muller-Muscle Conjunctival Resection	Akshay Nair
	Browlift (Endoscopic/Gliding)	Johathan Hoenig
10:30AM - 11:00AM	Coffee Break	
	Blepharoplasty Upper Lid	Adit Gupta
	Blepharoplasty Lower Lid	Milind Naik
	Autologous fat transfer	(Optional)
12:30PM - 01:30PM	Lunch	
1.30PM	Group Photograph of Live Surgery Team with Delegates.	Art Gallery, Level 6
01:30PM - 03:00PM	LIVE INJECTION SESSION	
	Coordinators: Savari Desai, Akshay Nair, Moupia Goswami	
20 min	Botulinum toxin Cosmetic	Akshay Nair
30 min	Facial Anatomy: Surface Marking Vascular, Surface Marking Muscles	Kasturi Bhattacharjee Shubhra Goel
40 min	Fillers: Tear trough	Jonathan Hoenig
03:00PM - 03:15PM	HIGH TEA	
03:15PM - 05:30 PM	HANDS-ON WORKSHOP (<i>Registered delegates only</i>)	
Station 1	Registered delegates 1-15	Pallavi Singh & Milind Naik
Station 2	Registered delegates 16-30	Aditi Mehta-Grewal & Akshay Nair
Station 3	Registered delegates 31-45	Savari Desai & Adit Gupta



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PROGRAM SCHEDULE

Day-1: Saturday, 8th February 2025

TIMINGS	TOPIC	SPEAKER
08:00AM - 09:00AM	Registration and Breakfast	
9:00AM - 10:30 AM	Session-1: UPPER FACE	
3 min	Welcome Note	Milind Naik
12 min	Evaluation of the Aging Face	Milind Naik
15 min	Bespoke Eyelids: Surgical Solutions	Savari Desai
15 min	Tarsal Platform Show in Cosmetic Upper Eyelid Surgery	Pallavi Singh
15 min	Refinements in Blepharoplasty	Kasturi Bhattacharjee
20 min	Keynote Lecture: Brow Aesthetics & Browlift	Jonathan Hoenig
10 min	AMA (Ask me Anything) Session	Milind, Savari, Pallavi, Jonathan, Kasturi
10:30AM - 11:00AM	COFFEE BREAK	
11:00AM - 12:30PM	SESSION II: MID FACE	
15 min	Understanding Lower eyelid Hills & Valleys	Milind Naik
15 min	Lower Blepharoplasty: Stepwise Basics	Savari Desai
15 min	Aesthetic Lateral Canthoplasty	Tanuj Nakra (<i>Virtual</i>)
15 min	Complications of Blepharoplasty	Akshay Nair
20 min	Keynote Lecture: Beyond Reductive Blepharoplasty: Rejuvenating the Lid-Cheek Junction	Jonathan Hoenig
10 min	AMA (Ask me Anything) Session	Milind, Savari, Tanuj, Akshay Jonathan
12.30PM	Group Photograph: All Faculty & Delegates	Patodia Auditorium
12:30PM - 01:30PM	LUNCH	
01:30PM - 03:30PM	SESSION III: LOWER FACE	
20 min	Fat Grafting: Types and Techniques	Sanjay Mahendru
20 min	Facelift Surgery: Technique & Concepts	Jonathan Hoenig
20 min	Rhinoplasty: State of the Art	Venkata Ramana
20 min	Defining the Jawline: My Experience	Sunita Ghanta
20 min	Orthognathic Surgery in Facial Harmony	David Tauro
20 min	AMA (<i>Ask me Anything</i>) Session	Sanjay, Jonathan, Venkata, Sunita, David
03:30PM - 04:00PM	TEA BREAK	
04:00PM - 05:30PM	SESSION IV: VIDEO THEATRE	
10 min	Double Eyelid Surgery	Alice Goh (<i>Virtual</i>)
10 min	Aesthetic Orbital Decompression	Milind Naik
10 min	MMCR Surgery for Mild Ptosis	Akshay Nair
30 min	AMA (<i>Ask me Anything</i>) Session	All Faculty
30 min	SESSION V: THE VANITY QUIZ! An educative and entertaining Quiz on Facial Aesthetics	Anannya Abhyankar & Akshay Nair
06:00PM	<i>Bus leaves for Dinner venue (Sailor's club)</i>	<i>All Faculty & Delegates</i>



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PROGRAM SCHEDULE

Day-2: Sunday, 9th February 2025

TIMINGS	TOPIC	SPEAKER
08.00AM - 09.00AM	Registration and Breakfast	
09.00AM - 10.30 AM	Session-I: BOTULINUM TOXIN AND FILLERS	
15 min	Upper face Botulinum toxin: Tips & Tricks	Moupia Goswami
15 min	Under-Eye Fillers: Lessons Learnt	Adit Gupta
15 min	Advanced indications for periocular dermal fillers	Kasturi Bhattacharjee
15 min	Lip Fillers & Non-Surgical Lower Facial Contouring	Seema Mathew
10 min	Understanding & Avoiding Periocular Complications of Injectables	Milind Naik
20 min	DEBATE: Cannula Vs Needle	Akshay Nair (Needle) Vs Kasturi Bhattacharjee (Cannula)
10:30AM - 11:00AM	COFFEE BREAK	
11:00AM - 12:30PM	Session-II: MINIMALLY INVASIVE REJUVENATION	
15 min	Non-Surgical Options for Periorbital Region: Role of Lasers	Prerana Tahiliani
15 min	Difficult Terrain: Identifying & Managing Periorbital festoons	Adit Gupta
15 min	BioFillers in Facial Aesthetics	Kasturi Bhattacharjee
15 min	Skin Care in Facial Aesthetics	Shubhra Goel
10 min	Smile Designing in Facial Aesthetics	Mohan Atluri
20 min	DEBATE: To do or Not to Do: Skin Care by Non-Dermatologist	Milind Naik (Not to do) Vs Shubhra Goel (To do)
12.30PM	Group Photograph	
12.30PM - 01.00PM	LUNCH	
01.00PM - 02.20PM	SESSION III: ENERGY DEVICES & PRACTICE BUILDING	
01.00PM - 01.15PM	Clinical Facial Photography	Milind Naik
01.15PM - 01.30PM	Trends in Ocular Aesthetics: Results of a Nationwide Survey	Aditi Mehta-Grewal
01.30PM - 01.45PM	Setting up an Aesthetic Practice	Shubhra Goel
01.30PM - 01.45PM	The Dirty Dozens: Patient Types to Avoid	Milind Naik
02.00PM - 02.20PM	Social media in Aesthetic Practice	Akshay Nair
02.20PM - 02.30PM	Vote of Thanks & Au revoir	